



News from the Grand Traverse Bay YMCA

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FOR IMMEDIATE RELEASE

#### YMCA EXPANDS FAMILY NIGHT OPPORTUNITIES

As part of its vision, the Grand Traverse Bay YMCA builds “strong kids, strong families, and strong communities.” In fulfilling this vision, the YMCA has sponsored monthly family nights at the YMCA’s main facility on 3000 Racquet Club Drive, Traverse City just south of South Airport Road near the Boardman Nature Preserve.

“Family Fun Nights provides families with the opportunity to enjoy the sports and recreation facility of the YMCA as a family,” stated Molly Brown, director of the program. “These family nights provide an opportunity to share free food and sports with other families.” These family nights are held on the first Fridays of each month.

Because of the success of these events and responding to the requests of community, the YMCA is going to expand these family night opportunities. “On the third Fridays of the coming months, we will be offering another family night at our new Y Child Care Center opening the facility to a more families. The Child Care facility has access to two ‘jump houses’, a gymnasium, and equipment geared more toward a preschool and young school aged group,” announced Brown.

Beginning Friday, October 16 at 6:00 pm, the YMCA will host a Family Night geared toward families with younger children. Food is free as a part of the \$10 admission fee for the public. YMCA members come to these events at no cost as one of the many benefits as members. Additional events will be held on November 20<sup>th</sup> and December 18<sup>th</sup>.

These will supplement the Family Nights that are going to be held at the main facility of the YMCA on November 6 and December 4, 2009. Same admission fees apply.

More information can be found on our website at [www.gtbayymca.org](http://www.gtbayymca.org) or contacting Molly Brown at 421-3568 or [childcare@gtbayymca.org](mailto:childcare@gtbayymca.org).

